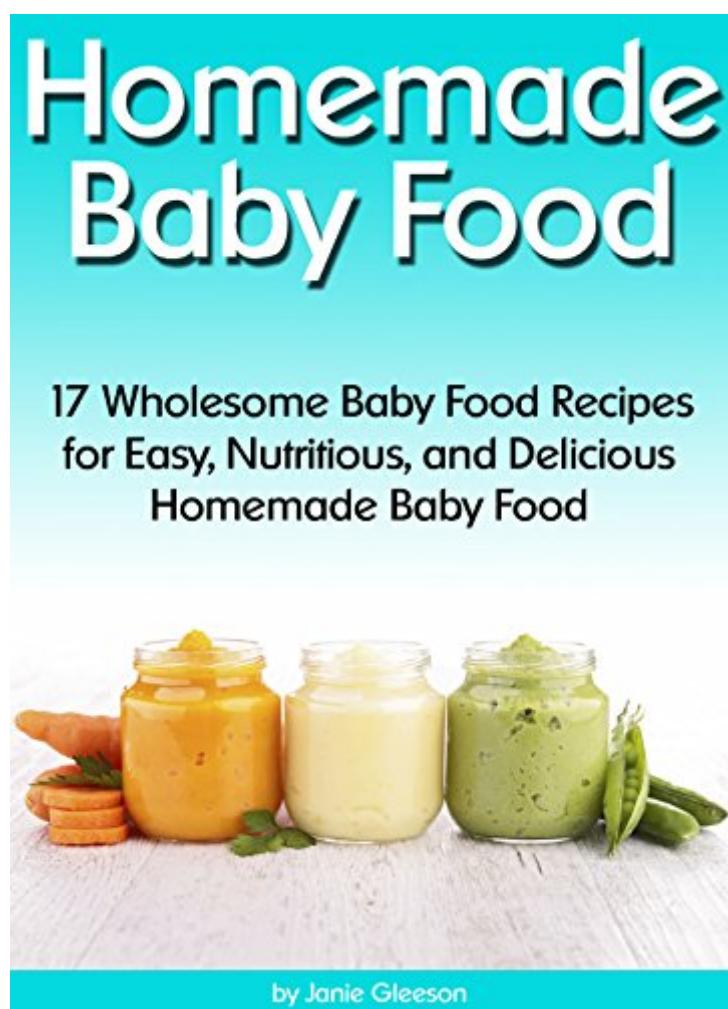


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# **Homemade Baby Food: 17 Wholesome Baby Food Recipes For Easy, Nutritious, And Delicious Homemade Baby Food (How To Make Baby Food)**



## Synopsis

If you're looking for a baby food cookbook with easy and nutritious recipes that your baby will actually love, then this book is for you! Today only, get this incredibly useful guide for only \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. The introduction of solid foods to babies is one of the most important milestones in a baby's life. It is also a very memorable event for every parent. When babies show signs of readiness for solid foods, many moms and dads feel happy and excited. However, some may feel a little worried because not all parents know what kind of food to feed their baby, nor how to prepare it. Old and new parents alike often rely on store-bought baby food and then stick to that until the child is ready to eat regular foods. Just to clarify, don't let the word "solid" confuse you. Solid food is considered everything beyond what's fed through the baby bottle. Solid baby food is really referring to the blended or mashed baby foods that you often see in those cute little glass baby jars at the grocery store. But better yet, why not make a more fresh, nutritious, and delicious version at home? For those first time moms and dads out there who have no idea what food to prepare for their babies, here is a cookbook that contains over a dozen recipes of delicious and nutritious baby foods. These are baby food recipes that are low-cost, easy to prepare, and ones that your baby will actually love! Here Is A Preview Of What You'll Learn... Creamy Avocado Fruit Mash, Delicious Cheese, Potato, and Cauliflower Puree, Lip-Smacking Superfoods Puree, Appetizing Red Lentils with Tomatoes and Carrots, Poached Chicken Balls, Tasty Fish and Rice Mash, Delicious Milk and Brown Rice Cereal, Much, much more! Download your copy today!

## Book Information

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## Customer Reviews

Great book! I actually got it for a friend of mine who has a baby boy, but ended up reading it myself. Excellent guide full of non-processed natural ingredients and yummy and healthy recipes for babies. I like the fact that the author includes some general nutrition facts but does not go overboard.

I was searching for recipes for my child on and I found this book really useful. These recipes are very unusual and my child likes it. Wish the author good luck and will be waiting for new releases

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